

**LAURA & ANDREW SHERMAN**  
**THE SECRET OF THE SMARAGDINA**



**The 21 incontrovertible fundamental laws of life,  
drawn from the most mysterious and inspirational text in the  
history of Mankind. *The Tabula Smaragdina* was written  
by the legendary Hermes Trismegistos. An amazing guide  
to exploring your own sense of what life is about.  
For all readers of „The Secret“.**

**Book**

**A**ndrew and Laura Sherman have interpreted the original mystic writings of this original book and combined it with the essence of the Corpus Hermeticum to create accessible and simple statements which help the reader gain a better understanding of the meaning of life.

According to legend, the *Tabula Smaragdina*, the Emerald Tablet, was found in the Great Pyramid of Giza „in the hands of the mummy of Hermes, in a dark pit where he lay buried“. For centuries these legendary books were only available to a select few and were regarded by medieval alchemists and Renaissance thinkers as the legacy of Hermes Trismegistos. Only the wisest of men could make sense of this mythical labyrinth.

The *Tabula Smaragdina* is considered to be a unique book amalgamating the ideas of several religious and mystical traditions which, together with the *Corpus Hermeticum*, provide a definitive synthesis of human wisdom and the nucleus of all spiritual and esoteric systems existing today.

The basic idea of the *Smaragdina* can be reduced to a simple formula: everything which occurs in the upper spheres affects the world beneath and makes a lasting impression on it. Everything on earth is a reflection of the forces radiating from the heavens. The microcosm corresponds to the macrocosm. The divine and the human are not divided from each other but are directly connected.

The greater world is always reflected in the smaller world of human beings. The heavens are like the earth and the earth is like the heavens. Only the means by which we try to unveil the secrets of nature have become somewhat different.

Everyone can find something relevant to their personal life in the 21 fundamental statements: relevant to their attitude to life, their relationship with the Divine, their personal ethics or their connection to the natural world. This beautifully illustrated book reveals a secret and transcends the great generality of all world religions, all spirituality and all mysticism.

128 pages, illustrated, 4c.

## Authors

**Andrew Sherman**, born in 1961, studied cultural sciences, philosophy and classical languages and is an acknowledged expert in symbology and occult writings. He teaches at a college in Massachusetts. His daughter **Laura**, born in 1986, is studying anthropology and psychology at Harvard. They both live in Cambridge, Mass.

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